



PRESENTS

Exercise Design (Basic Exercise Course)

April 11, 2018 Gering, Nebraska

Exercise Design

Are you required to have an exercise but aren't sure what exercise means? Does the idea of a full scale drill scare you? This is the course for you! We will spend the day examining the fundamentals of exercise and walk through the building block approach to exercise and learn about the eight steps to exercise design.

Logistics:

8:00 am - 5:00 pm
Tuesday April 11th
Gering Civic Center
1130 M Street, Gering, Nebraska

Intended Audience:

Public health, health care, health education, behavioral health, emergency management, EMS, fire, critical infrastructure, and other interested parties.

Course Perquisites:

Course attendees must have completed the IS-100 and IS-700.

Registration Fee: \$30

REGISTER TODAY